



## What is a Traineeship?

A Traineeship is a free government skills development programme that will help your child get the skills and experience needed to get them ready for an Apprenticeship or a job and includes a work placement. Our Traineeships are for young people aged 19-24 years with qualifications up to level 3. It is a 10 week programme that is tailored around your child's needs.

## What does it include?

- Work preparation training, including cv writing and interview preparation
- English, maths and digital skills support, for those who need it
- High quality work experience for at least 70 hours
- A job interview with the employer which may lead to an Apprenticeship, job or further training

## What do they get?

- Valuable work preparation and a high quality work experience
- Welfare and pastoral support
- An opportunity to develop confidence and gain skills and knowledge in a work environment

## What's at the end?

- A job interview with the employer to develop their interview skills and receive written constructive feedback
- A possible Apprenticeship, job or further training.

- Traineeships are unpaid but we will help towards the costs of travel, subsistence and uniform.
- Traineeships shouldn't affect your child's ability to claim benefits, however this should be confirmed with their Jobcentre Plus.
- If your child is motivated and wants to gain experience in the workplace please get in touch.



For further information please contact  
Debbie Taylor McDonald, 07554 430571  
debbietaylor@northerntrainingacademy.com

[www.northerntrainingacademy.com](http://www.northerntrainingacademy.com)